



# April 26, 2020 ~ Preschool Sunday School At-Home Lesson: "Doubting Thomas"

### Scripture:

## "...Blessed are those who have not seen and yet have come to believe." -John 20:29

The disciples were hiding in a house when Jesus appeared to them, "Peace be with you." Thomas was the only disciple not there. When Thomas returned the others told him about His visit. Thomas didn't believe them. A week later the disciples were again in the house, and Thomas was with them. Jesus appears again and says, "Peace be with you." Then Jesus turns to Thomas and shows him his hands, "Put your hand on my wound, it is time for you to believe." Thomas fell to his knees and said, "My Lord, My God." Jesus answers him, "Because you have seen you believe, blessed are those who have yet seen but believe."

#### Family Conversations

As we grow in our faith it is always ok to ask questions. Sometimes, no matter what somebody tells us, we need to experience the evidence for ourselves, like Thomas.

We can choose to believe for many reasons:

- 1. We trust the person who tells us.
- 2. We have other knowledge or experience that tells us something is true.
- 3. Some people can believe that Jesus is alive because it's in the Bible. We can't see Jesus, but by learning about him and trying to live the way he did and experiencing his love for us, we all can come to know Jesus.

#### For families to do together

Do you remember what Jesus said about all of us who were not in the room? Blessed are those who have not seen, yet believe!

Think about all they ways you are blessed. Make a list of all of your blessings and share with your family!



Dear God Help us to believe in our hearts and have faith in you. Even though we have not seen Jesus we believe. Thank you for blessing us with faith in Jesus and You. Thank you for loving us, we love you always! Amen